# **Confined Space Safety Courses**

## Entry Into Confined spaces Refresher Course

## **One Day**

### Course code: CSR01

#### Designed for:

All personnel who require to update and re-new their competence certificate for entry into a confined space.

#### **Objectives:**

To update and assess delegates practical knowledge and skills to carry out safe entry into a confined space and to deal with reasonably foreseeable risks.

### Structure & Content

- Update of current legislation
- Definition of a confined space
- Why accidents occur
- Hazard Identification
- Review of Safe system of work/Permit to work
- Emergency planning/communication
- Refresher on the use of gas detection equipment
- Refresher on the use of harness and lifting equipment
- Refresher on the use of escape breathing apparatus
- Selection & use of PPE
- Health & Hygiene
- Group exercise
- Practical exercise/assessment
- Written test

This course will conclude with a practical entry assessment, using standard entry procedures or company specific, demonstrating the correct use of all safety equipment required for safe entry.

On completion of this course a Phoenix Safety certificate of competence will be awarded to successful delegates.

## Simple Traverse Refresher Course

# Two Days

Course code: CSR02

#### **Designed for:**

All personnel who require to update and re-new their competence certificate for entry and traversing a confined space.

#### **Objectives:**

To update and assess delegates practical knowledge and skills to carry out safe access into and traverse away from a confined space.

## Structure & Content

- Update of current legislation
- Definition of a confined space
- Why accidents occur
- Hazard Identification
- Review of Safe system of work/Permit to work
- Emergency planning/communication
- Refresher on the use of gas detection equipment
- Refresher on the use of harness and lifting equipment
- Refresher on the use of escape breathing apparatus
- Selection & use of PPE
- Health & Hygiene
- Update on traverse techniques
- Group exercise
- Practical exercise/assessment
- Written test

This course will conclude with a practical assessment on the delegate's ability to enter & traverse a confined space, using standard entry & traverse procedures or company specific.

On completion of this course a Phoenix Safety certificate of competence will be awarded to successful delegates.