Minor First Aid incident (e.g. superficial cut) or advice only required

If you know your local First Aider then approach them. Alternatively dial Security/Reception from a mobile, landline or Zoom. Security will send a First Aider to your location.

Line Manager or First Aider will enter any work related injury onto Evotix Assure and pass treatment form to OH at RAL, Laura Davies at DL and Eleanor Horsburgh at RoE.

Major First Aid incident
e.g. casualty is
unconscious; not
breathing; or is bleeding
significantly.

First check you are not putting yourself in danger, e.g. oxygen deplete environment, casualty electrocuted, etc.

Shout for assistance (Help!) whilst you dial 999 from a mobile phone.
Ask someone else to phone Security/
Reception and explain that an ambulance is on its way. (Note dialling 999 from a Zoom phone will divert to Security)

If the person has no pulse then ask someone to retrieve the nearest defibrillator. If unsure, ask Security whilst on the phone to them.

Defibrillator will scan for a heartbeat and if it detects even a faint pulse it will not shock the person.

Person on the phone to Security should stay on the phone and relay events as they happen.